

Happy 21st Birthday
From the Division of Student Affairs at
San Diego State University

Dear (Student's Name),

Congratulations on reaching this milestone in your life! This is truly a time to celebrate with your family and friends, creating special and memorable moments. I'm sure it's been a long journey with many hardships to confront and many successes to be proud of.

Among all of the wonderful birthday wishes and gifts you have received, you have also undoubtedly endured your share of lectures regarding the responsibility that comes with your new legal right to consume alcohol. I also hope that you have received and accepted some good advice about drinking responsibly.

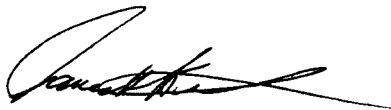
Now that you have reached a different stage in adulthood your mindset must be prepared to adapt to new changes and be ready for different types of situations that you will be faced with. Some of the situations that you will now encounter will obviously deal with choices about alcohol. You may choose not to drink at all, in which case I commend you for your decision. However, should you choose to drink please do so as a responsible and mature adult and be ready to face these situations with a clear, educated and open mind.

I hope that you have already determined to avoid major catastrophes such as alcohol poisoning and driving under the influence. I also hope that you will think twice about your circumstances and surroundings before making the decision to drink. Be sure that you are in a safe environment and that you always have at least one friend who is willing and able to look out for those of you who decide to consume.

More than anything else I want your college years to be a time that you look back on later in life and truly enjoy the memories. My wish for you this year is that every day brings you new and exciting challenges and new opportunities to enjoy your youth and create new memories. Be responsible and think about the consequences of your decisions. How will they affect you and how will they impact the lives of others?

Have a wonderful birthday and a fantastic 21st year at San Diego State University.

Best Wishes,



James R. Kitchen
Vice President for Student Affairs

